



# MERIWETHER COUNTY SCHOOL NUTRITION 2018 ELEMENTARY & MMS LUNCH MENU



| <b>MONDAY</b>   | <b>6</b>  | <b>TUESDAY</b>   | <b>7</b>  | <b>WEDNESDAY</b>   | <b>8</b>  | <b>THURSDAY</b>   | <b>9</b>  | <b>FRIDAY</b>  | <b>10</b> |
|---|-----------|--|-----------|--|-----------|---|-----------|--|-----------|
| Chicken Wrap Smartable Meal (1st-8th)<br>PBJ Sandwich Meal<br>Hamburger<br><br>Oven Fries<br>Celery Sticks<br>Sliced Apple<br>Sliced Peaches<br>Peanut Butter Dip |           | Ham Salad Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Delicious Pizza<br><br>Fresh Garden Salad/Dressing<br>Glazed Carrots<br>Mixed Fresh Fruit Cup<br>Fresh Fruit<br>Chocolate Chip Cookie |           | Deli Sandwich Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Taco Nachos<br><br>Lettuce/Tomatoes/Cheese<br>Salsa Cups<br>WK Corn<br>Mandarin Oranges<br>Fresh Fruit  |           | Chicken Salad Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Spaghetti & Noodles/WW Roll<br><br>Garden Salad/Dressing<br>Seasoned Green Beans<br>Blueberries/Whipped Topping<br>Fresh Fruit                               |           | Pizza Smartable Meal (1st-8th)<br>PBJ Sandwich Meal<br>Chic Fillet/WG Bun<br><br>Sweet Potato Fries<br>Pinto Beans with Onions<br>Lettuce/Tomato<br>Pears/Lime Jello<br>Fresh Fruit        |           |
| <b>MONDAY</b>   | <b>13</b> | <b>TUESDAY</b>   | <b>14</b> | <b>WEDNESDAY</b>   | <b>15</b> | <b>THURSDAY</b>   | <b>16</b> | <b>FRIDAY</b>  | <b>17</b> |
| Chicken Wrap Smartable Meal (1st-8th)<br>PBJ Sandwich Meal<br>BBQ/WG Bun<br><br>Oven Fries<br>Broccoli/LF Dip<br>Baked Beans<br>Pineapple Tidbits<br>Fresh Fruit  |           | Ham Salad Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Corn Dog<br><br>Corn on Cob<br>Green Pepper Strips &<br>Carrot Sticks/ LF Dip<br>Sliced Peaches<br>Fresh Fruit                        |           | Deli Sandwich Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Pizza Cheese Crunchers<br><br>Marinara Sauce<br>Carrot & Celery Sticks/ LF Dip<br>Lemon Broccoli<br>Flavored Applesauce<br>Fresh Fruit<br>Cinnamon Roll |           | Chicken Salad Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Turkey and Noodles/WW Roll<br><br>Green Beans<br>Orange Glazed Carrots<br>Frozen Fruit Bar<br>Fresh Fruit  |           | Pizza Smartable Meal (1st-8th)<br>PBJ Sandwich Meal<br>Chicken Nuggets/WW Roll<br><br>Roasted Broccoli<br>Loaded Mashed Potatoes<br>Blueberry Crisp<br>Fresh Fruit                         |           |
| <b>MONDAY</b>   | <b>20</b> | <b>TUESDAY</b>   | <b>21</b> | <b>WEDNESDAY</b>   | <b>22</b> | <b>THURSDAY</b>   | <b>23</b> | <b>FRIDAY</b>  | <b>24</b> |
| Chicken Wrap Smartable Meal (1st-8th)<br>PBJ Sandwich Meal<br>Hamburger<br><br>Oven Fries<br>Celery Sticks<br>Sliced Apple<br>Sliced Peaches<br>Peanut Butter Dip |           | Ham Salad Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Delicious Pizza<br><br>Fresh Garden Salad/Dressing<br>Glazed Carrots<br>Mixed Fresh Fruit Cup<br>Fresh Fruit<br>Chocolate Chip Cookie |           | Deli Sandwich Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Taco Nachos<br><br>Lettuce/Tomatoes/Cheese<br>Salsa Cups<br>WK Corn<br>Mandarin Oranges<br>Fresh Fruit  |           | K ale Salad Meal (3rd-8th)<br>Chicken Salad Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Spaghetti & Noodles/WW Roll<br><br>Garden Salad/Dressing<br>Seasoned Green Beans<br>Blueberries/Whipped Topping<br>Fresh Fruit |           | Pizza Smartable Meal (1st-8th)<br>PBJ Sandwich Meal<br>Chic Fillet/WG Bun<br><br>Sweet Potato Fries<br>Pinto Beans with Onions<br>Lettuce/Tomato<br>Pears/Lime Jello<br>Fresh Fruit        |           |
| <b>MONDAY</b>   | <b>27</b> | <b>TUESDAY</b>   | <b>28</b> | <b>WEDNESDAY</b>   | <b>29</b> | <b>THURSDAY</b>   | <b>30</b> | <b>FRIDAY</b>  | <b>31</b> |
| Chicken Wrap Smartable Meal (1st-8th)<br>PBJ Sandwich Meal<br>BBQ/WG Bun<br><br>Oven Fries<br>Broccoli/LF Dip<br>Baked Beans<br>Pineapple Tidbits<br>Fresh Fruit  |           | Ham Salad Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Corn Dog<br><br>Corn on Cob<br>Green Pepper Strips &<br>Carrot Sticks/ LF Dip<br>Sliced Peaches<br>Fresh Fruit                        |           | Deli Sandwich Plate Meal (3rd-8th)<br>PBJ Sandwich Meal<br>Pizza Cheese Crunchers<br><br>Marinara Sauce<br>Carrot & Celery Sticks/ LF Dip<br>Lemon Broccoli<br>Flavored Applesauce<br>Fresh Fruit<br>Cinnamon Roll |           | Basil Boss Pizza<br><br>Green Beans<br>Orange Glazed Carrots<br>Frozen Fruit Bar<br>Fresh Fruit<br>Rice Krispie/Happy Birthday<br>Celebration   |           | Pizza Smartable Meal (1st-8th)<br>PBJ Sandwich Meal<br>BB Pizza - Specialty<br>Chicken Nuggets/WW Roll<br><br>Roasted Broccoli<br>Loaded Mashed Potatoes<br>Blueberry Crisp<br>Fresh Fruit |           |

Milk Chices Offered Daily