



MERIWETHER COUNTY SCHOOL NUTRITION OCTOBER LUNCH MENU MMS, MVES & UES



	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
	Crispy Chicken & Waffles Potato Smiles Glazed Carrots Fresh Garden Salad Fruit Choices PBJ Sandwich Bag Lunch	Beef Nachos / Brownie Lettuce/Diced Tomatoes/Cheese Buttered Corn Broccoli & LF Dip Cinnamon Apples Fruit Choice Hot Dog Bag Lunch - Elementary Salad Plate Lunch - Middle	Chicken Alfredo & WG Roll Green Beans Orange Glazed Sweet Potatoes Fruit Choices Cheeseburger Bag Lunch	All Star Hot Dog/WG Bun Waffle Fries Celery Sticks & LF Dip Fruit Choices Turkey Sandwich Bag Lunch
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
FALL BREAK				
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
	NATIONAL SCHOOL LUNCH WEEK: SCHOOL LUNCH PIRATES-FIND YOUR TREASURE			
Tangy Orange Chicken & Fried Rice Green Beans Glazed Carrots Fruit Choices Ham & Cheese Sandwich Bag Lunch	Tater Tot Casserole & Texas Toast Steamed Broccoli & Cheese WK Corn Fruit Choices PBJ Sandwich Bag Lunch	Chicken Nuggets & WG Roll Mashed Potatoes Green Beans Chilled Peach Slices Fruit Choice Hot Dog Bag Lunch - Elementary Salad Plate Lunch - Middle	Pizza WK Corn Seasoned Black-eyed Peas Flavored Applesauce Strawberry Shortcake Cheeseburger Bag Lunch	Chicken Tenders & WG Roll Sweet Potato Fries Fresh Garden Salad Fruit Choices Turkey Sandwich Bag Lunch
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
Crunchy Corn Dog Oven Fries Baked Beans Flavored Pears Fruit Choice Ham & Cheese Sandwich Bag Lunch	Chicken Tenders & Cornbread Square Turnip Greens Mac N Cheese Celery Sticks/LF Dip Sliced Peaches Fruit Choice PBJ Sandwich Bag Lunch	Spaghetti & Noodles with WG Roll Seasoned Green Beans Fresh Garden Salad Mandarin Oranges Fruit Choice Hot Dog Bag Lunch - Elementary Salad Plate Lunch - Middle	All Star Hot Dog Waffle Fries Grape Tomatoes & LF Dip Fruit Choices Chocolate Chip Cookie Cheeseburger Bag Lunch	Pizza Carrots & LF Dip Fresh Garden Salad Sidekick Fruit Chilled Sliced Peaches Fruit Choice Turkey Sandwich Bag Lunch
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	OCTOBER Squash (SUMMER, WINTER, PUMPKIN)
Burgers/WG Bun with Lettuce/Tomato/Pickles Carrots & LF Dip Baked Beans Fruit Choices Ham & Cheese Sandwich Bag Lunch	Crispy Chicken & Waffles Potato Smiles Glazed Carrots Fresh Garden Salad Fruit Choices PBJ Sandwich Bag Lunch	Beef Nachos / Brownie Lettuce/Diced Tomatoes/Cheese Buttered Corn Broccoli & LF Dip Cinnamon Apples Fruit Choice Hot Dog Bag Lunch - Elementary Salad Plate Lunch - Middle	Chicken Alfredo & WG Roll Green Beans Orange Glazed Sweet Potatoes Fruit Choices Cheeseburger Bag Lunch	 Celebrate PARSLEY

Milk Choices Offered Daily

Menus are subject to change due to product availability.

This institution is an equal opportunity provider.