



MERIWETHER COUNTY SCHOOL NUTRITION
JANUARY LUNCH MENU
MMS, MVES, & UES



JANUARY

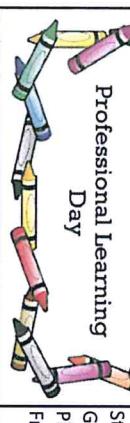
Greens

(COLLARD, MUSTARD, TURNIP)

THURSDAY 1 | FRIDAY 2

MONDAY 29 | FRIDAY 30

MONDAY	5	TUESDAY	6	WEDNESDAY	7	THURSDAY	8	FRIDAY	9



Professional Learning
Day

Chicken Tenders & Cornbread	Pepperoni Pizza
Corn Dog	Hot Dog
Mac & Cheese	Steamed Broccoli & Cheese
Steamed Cabbage	Baby Carrots & Ranch
Grape Tomatoes & Ranch	Fruit Cocktail
Pineapple Tidbits	Fruit Choice
Fruit Choice	Pudding & Whipped Topping

Hot Pizza	Bowl of Chili & Crackers
Seasoned Green Beans	Southern Bird Dog
Baby Carrots & Ranch	Green Pepper Slices & Ranch
Baked Cinnamon Apples	Tater Tots
Fruit Choice	Chilled Sliced Peaches
Rosey Applesauce	Fruit Choices
Fruit Choice	Cinnamon Roll

Beef & Cheese Nachos	Steak/Graavy & WG Roll
Hot Honey Chicken Bowl	All American Sub
Shredded Lettuce & Diced Tomatoes	Mac & Cheese
Mexican Street Corn	Cole Slaw
Salsa	Baby Carrots & Ranch
Banana	Black-eyed Peas
Fruit Choice	Fruit Choice
Orange Smiles	Orange Smiles

MONDAY	12	TUESDAY	13	WEDNESDAY	14	THURSDAY	15	FRIDAY	16

Beef & Cheese Nachos	Chicken & Waffles
Hot Honey Chicken Bowl	Taco Soup & Fritos
Shredded Lettuce & Diced Tomatoes	Honey Roasted Carrots
Mexican Street Corn	Green Beans
Salsa	Fresh Grapes
Banana	Peanut Butter Cookie
Fruit Choice	

MONDAY	19	TUESDAY	20	WEDNESDAY	21	THURSDAY	22	FRIDAY	23

Beef & Cheese Nachos	Steak/Graavy & WG Roll
Hot Honey Chicken Bowl	All American Sub
Shredded Lettuce & Diced Tomatoes	Mac & Cheese
Mexican Street Corn	Cole Slaw
Salsa	Baby Carrots & Ranch
Banana	Black-eyed Peas
Fruit Choice	Fruit Choice
Orange Smiles	Orange Smiles

MONDAY	26	TUESDAY	27	WEDNESDAY	28	THURSDAY	29	FRIDAY	30

Crispy Chicken Sandwich	Chicken Nuggets & WG Roll
Classic Cheeseburger	Spaghetti/Meat Sauce & Noodles
Lettuce, Tomato, & Pickles	Mashed Potatoes
Cucumber Coins & Ranch	Seasoned Green Beans
Sweet Potato Fries	Chilled Sliced Peaches
Flavored Applesauce	Fruit Choice
Fruit Choice	Pudding & Whipped Topping